



Self Advocates in Leadership

SAIL UPDATE

September 2014

The SAIL meeting in October will be at the Airport Conference Center

The meeting will be at the Airport Conference Center for the October meeting. Here are some details that hopefully will make it easy to find. You will know you are getting to the right place when you see airplanes suspended in the air and lots of windows.

By Light Rail Step #1

If traveling via Light Rail you will get off at the airport and walk through the 4th floor of the parking garage and across a sky bridge up the escalator or elevators to the ticketing level. Continue walking south, keeping the ticket counters on your right, until you get to the international ticket counters (Hawaiian, Lufthansa, and British Airways etc.) **Go to Step #2 at bottom of page**

Parking in the Airport Garage Step #1

Park in General Parking (floors 2-3, 5-8) at the south end of the Airport Garage near the yellow or green elevators (rows N-U). Walk across sky bridge #1, between the yellow and green elevator banks, to the Main Terminal. Take the escalator or elevator up to the Ticketing Level. **Go to Step #2 at bottom of page**

Getting Dropped Off Step #1

Request that the driver drop you off on the "departures" drive by the international airlines or Hawaiian airlines. **Go to Step #2 at bottom of page**

Step #2 FOR EVERYONE

Behind the international counters you will find a set of stairs that takes you up to the Mezzanine Level. Enter the reception area through the double glass doors on the left for the Port of Seattle Aviation Division offices. The receptionist will direct you to your conference room. **Also if you have difficulty please call Brian (253) 208-1642 or Emily (206) 618-3818 and we will send someone for you.** Also Anthony has volunteered to stand at the bottom of the stairs and direct people. If you need assistance with the elevator please ask Anthony, he can lead you directly to it, that way you won't get lost. Thank you!

A Note from the Chair

September 2014

Hello! Did you go to the People First of Washington Convention? I would like to debrief about it at the next meeting. We will also go over the Guidelines we have so far. We will continue working on our legislative agenda. Also next meeting we will be at the Seatac Conference Center, I will be at the bottom of the stairs to help to direct you where to go for the meeting.

Sincerely, Anthony Nash II, Chair of SAIL

Corinna and Shawn Debrief with the Group About the Community Summit

Corinna and Shawn were about to go to a Community Summit meeting. They thought it would be great if they could bring back some first hand stories of what worked, what didn't work, what people particularly liked or didn't like about the recent Community Summit. People had a lot of really positive reactions to the experience. Thanks Corinna and Shawn for so skillfully representing SAIL at those meetings.

Salad was the Vegetable Lady's visual at our meeting. She talked about all of the healthy things you can put into a salad. She also talked about the idea of putting together more than you need for one meal so that preparing for the next meal is easier. Thanks Sandy!

At the time of the meeting the Epic grant was undergoing budget changes. Since then the grant has continued to be modified. At the next meeting we will have another update to keep everyone up to date.

Issues that Received the Most Votes for the Legislative Agenda

- No Cuts to Medicaid Personal Care 23
- No Cuts to Medicaid State Plan Dental and Vision 23
- Closing RHC's 21
- Supporting Parents with Disabilities 21
- Community Protection 20
- Abuse & Neglect 20
- Homelessness 20

**We will continue our
Legislative Agenda discussion
at the next meeting! Come
and make your voice heard!**