



Self Advocates in Leadership

# SAIL UPDATE

February 2017

We are about half way through the legislative session. Many of the bills we support are still moving through the process! We want to thank all the SAIL members who have come to Advocacy Days, called their legislators, and made phone calls! To stay up to date on the bills of interest visit: [http://arcwa.org/index.php/takeaction/washingtonstate/issue\\_papers](http://arcwa.org/index.php/takeaction/washingtonstate/issue_papers)

SAIL has been hard at work making Person Centered Planning resources! We hope that these documents can be used to help people gain independence and reach their goals! In the spring we will be looking for SAIL members to review them and attend person centered planning conferences. If you would like to be involved contact Noah at [Noah@arcwa.org](mailto:Noah@arcwa.org) or 360-357-5596 ext3

## The February 2017 meeting will include:

- ◆ Get Healthy with Sandy!
- ◆ Discussing the current Bills of interest.
- ◆ Advocacy Day update
- ◆ Review person centered planning

## A Note from the Chairs

### January 2017

Hello Everybody,

Come and share your ideas at our next meeting. My co-chair Ivanovna will run the meeting while I am on a panel to discuss empowerment and the importance of Advocacy, and how a self-advocate can become involved with advocacy efforts with positive results of advocacy. I will be at school to work resource fair do that.

**Sincerely, Eric Matthes, Chair of SAIL, Ivanova Smith Co-Chair**

## Notes for SAIL meeting on February 14 2017

Location SeaTac Red lion

Time: 1:00 pm to 4:00 pm.

### Introductions

- Eric Mathews Chair of SAIL open the meeting and welcomed everyone
- Nathan Loose is explaining a new in home care training proposal that he and Shawn Latham wrote to create a better training system. It would be a two track system one for a home care worker that would go through the full 70 hour training by SEIU and a shorter specific training for providers only wanting to support a family or friend. Also have 10 hours of individualized training done by the person with a disability.
- Noah is going through the bills of interests and seeing what bills is a high, medium or low priority. [http://arcwa.org/resources/Bills\\_of\\_Interest\\_2-13-17.pdf](http://arcwa.org/resources/Bills_of_Interest_2-13-17.pdf)
- We discussed several of the housing bill we decided most of those bills are housing are low priority we really did not like bills that restricted adult family homes locations
- We looked at HB 1304 and SB 5201 that requires 20 hours of access to both employment services and community access. SAIL felt we need to focus more on employment first and having an easier way out of that system might lead employment providers to drop clients
- Katie Kimball, R3 Regional Clinic Team Coordinator from DDA, spoke about her project creating a guidebook that will help the mental health system as they have other disabilities especially developmental disabilities. This guide will help create a tool for individuals, families and care providers to better diagnose and help treat a mental illness.
- SAIL is in full support of HB 1788 & SB 5448 that says School staff cannot require parents to put their child on psychotropic meds to participate in activities  
We are also in support of SB 5155 that says Schools cannot suspend/expel children in grades K-2, must use evidenced-based programs to support
- Tomorrow's advocacy day is supported living day there will be a rally also.- Rest of them are  
February 22 will be Multi-culture advocacy day  
On March 1st is Meet your legislator day  
On March 8th Advocacy Day will explain how McCleary Affects You  
On March 15th will be Family Services Day  
On March 22nd will be the Budget Overview Day  
On March 29th will be the self advocate disability pride  
Our last advocacy day is Take Note! on April 5<sup>th</sup>
- The Arc of King County will be attending advocacy Days on Feb 15th, 22nd and March 8th, 15th, 22nd, and 29th If you live in the King County area and want to ride down on their bus please contact Martin A. Moore 206-578-3108
- We oppose SB 5646 that requires Yakima Valley School to operate stabilization beds and respite service beds as the capacity of the school of the school declines. The bill will prevent Yakima Valley from closing in the future. SAIL strongly is for creating community options that helps with health and respite not segregated facilities like Yakima Valley. We are asking everyone to comment on the bill by clicking on the following link